

FRIENDS AT THE DOOR



“These are the most precious friendships that I don’t want to give up.”

HOW YOU HELPED GIVE FOOD AND FRIENDSHIP

Mr. Cleve has lived alone since his wife passed away more than 16 years ago. When he lost her, he was devastated, and it all started to take a toll. He didn’t eat regularly being on his own, and eventually he lost 50 pounds. Concerned, his friends and family recommended he contact Meals on Wheels.

He was hesitant at first, thinking others had a greater need. He finally signed up for meal services last February, and thanks to friends like you, we got him started right away.

Mr. Cleve has received so much more than food through his time with Meals on Wheels — he’s gained family.

“I’ve met the most wonderful, kind, God-loving people,” Mr. Cleve says. “These are the most precious friendships that I don’t want to give up!”

He also formed a special friendship with his volunteer family’s son, Luke. They often catch up with one another, whether through handwritten letters or in person at Mr. Cleve’s kitchen table (before coronavirus kept them physically apart.)

“Mr. Cleve is my buddy. I am always excited to see him and he’s always excited to see me,” Luke says. Luke can’t wait until he can get another big hug from Mr. Cleve when it’s safe to visit again. For now, they settle for letters and calls, which keep them connected.

Thanks to you, seniors like Mr. Cleve have access to nutritious meals and social support amid the pandemic. Please continue your support now if you can. Thank you!

LETTER FROM THE EXECUTIVE DIRECTOR



CHRISTINE HOCKIN-BOYD
EXECUTIVE DIRECTOR

Dear Friend,

The holidays are such a special time of year when we gather with loved ones, share a special meal, and reflect on all the blessings of the year.

I know this year is going to look pretty different with many loved ones still apart because of the threat of the coronavirus. And while it's been a challenging year for all of us, we do have much to be thankful for.

At the top of my list is my family and this incredible community I'm blessed to live in. That includes generous friends like you.

The need has never been greater than in these past several months. Yet, time and again you stepped up to help seniors facing added isolation, loneliness, and hunger.

THANK YOU with all my heart. And please continue your support to brighten a senior's holiday.

Sincerely,

A handwritten signature in blue ink that reads "Christine Hockin-Boyd".



Lynda is thrilled to serve her community as our newest board trustee.

GIVING BACK TO THE COMMUNITY

Navarro County native Lynda has helped with Meals on Wheels for several years — not only as our newest board trustee, but also as a volunteer and donor. She was looking for ways to give back to her community when she found a flyer detailing the program.

"It looked like a great opportunity, plus it fit perfectly in my schedule," Lynda says.

*"I had no idea how rewarding
it would be for me."*

As a firsthand witness, Lynda sees the tremendous services that Meals on Wheels provides for our seniors. She wanted to continue her support of the organization by becoming a member of the board.

"I had no idea how rewarding it would be for me," Lynda says. "I have gotten to know so many wonderful people on my meal delivery route and missed seeing their smiling faces during the health pandemic quarantine time. Now, I'm happy to be serving again."

We want to thank the committed volunteers like Lynda, and advocates like you, for all the assistance you provide at Meals on Wheels North Central Texas.

"I just don't have enough adjectives to describe how much I love and appreciate each one of you! You're doing a super job! You are all so considerate and kind in serving us in the middle of this!"

— Ms. Florence, Client

VOLUNTEER SPOTLIGHT

“IT JUST WARMED MY HEART!”

Longtime volunteer gets back as much as she gives

Tina is a dedicated volunteer, delivering meals and helping others for more than 24 years. She joined the Lions Club in 1996 to give back to her community, making her first meal delivery as a substitute driver in 1998.

“I can recall delivering my very first route and seeing the smiles from the elderly that we serve,” Tina says. “The gratitude and appreciation they show on their faces and knowing that I may have been the only person to come see them and talk to them that day. It just warmed my heart!”

After retiring in 2017, Tina became one of their regular meal delivery drivers.

She still likes to reflect on the impact of her first day



Volunteers like Tina — and supporters like you — make it possible to reach seniors in difficult times.

making deliveries. “I felt so loved and appreciated,” Tina says.

Thanks to volunteers like Tina and supporters like you, we are able to make a lasting impact for Texas citizens in need of assistance, especially now in these challenging times.

**ONE HOUR, ONCE A WEEK
CAN CHANGE LIVES!**

**VISIT WWW.MOWNCT.ORG/VOLUNTEER TO
JOIN US IN SERVING YOUR SENIOR NEIGHBORS.**

GIVE LOVE YEAR-ROUND Every dollar makes a difference for seniors in need

When asked what made her become a Give Love Year-Round supporter, Linda quickly responds “Hunger and loneliness are year-round, so my support of our elderly community members has to be as well!”

Linda began giving monthly support after hearing how inexpensively we are able to make sure every senior in need of our services will receive meals.

“For what some of us spend on an expensive coffee, you can provide a meal. So, I said sign me up!” Linda says.

In addition to giving, Linda is also a voice for our program and our seniors. “I tell everyone they need to give monthly. Even a small pebble can make a big ripple!”

If you’d like to sign up to Give Love Year-Round, return the enclosed form with your first gift today and check the monthly gift option.



Every dollar adds up to help seniors like Betty, who is always happy to see her Meals on Wheels volunteer.

DONOR SPOTLIGHT

YOUR LEGACY, THEIR FUTURE

Dear Meals on wheels,

I don't know what I'd do without your help! I live several hours away from my mom. Knowing you are there to check on her every day and knowing you will instantly pick up the phone to alert me if my mom doesn't come to the door, or if she seems like she isn't feeling well - I can't tell you what that means to me and the burden it lifts because I'm not closer. My mom just loves to talk about her Meals on wheels friends and how kind everyone is that calls her or delivers her meals. I know your program is known for delivering food to seniors, but for me, your program is a godsend. Thank you for taking such good care of her!

— Elizabeth

Did you know there is a way to designate your taxes to benefit you, your estate, your community, and the mission of Meals on Wheels North Central Texas? A planned gift provides an opportunity for you to help shape and sustain the future of our program and gives you the opportunity to become a philanthropist now, and forever. We would welcome the opportunity to discuss options with you in more detail, but here are some for you to give thought to:



Ms. Johnnie celebrated her 100th birthday during the pandemic. With your help, we made it special!

- **Bequest:** Just takes a simple designation in your will or trust and costs nothing during your lifetime. Bequests can be stated in your will and are easily revocable if the situation changes.
- **Living Trust:** Probate is not needed, just name us as a beneficiary.
- **Donor Advised Funds:** Claim tax deductions now and decide later when your gift is made to us. You can retain control and family influence over charitable dollars!
- **Retirement Assets:** Retirement funds paid to your family at your passing can cost significant estate taxes. However, gifted retirement funds are tax-free to 501c3 charities, such as us.

Please contact **Christine Hockin-Boyd** at christine@mownct.org to begin your steps toward meeting the future needs for the children of yesterday.

MY GIFT TO HELP SENIORS THIS HOLIDAY!



MEALS on WHEELS
NORTH CENTRAL TEXAS

Yes! I want to help seniors who are lonely and isolated this holiday season. *Enclosed is my gift of:*

\$ _____

FROM:

NAME: _____

STREET: _____

CITY/STATE/ZIP: _____

MY EMAIL: _____

I would like to donate \$ _____ automatically each month using my credit card.

I would like to have my monthly contribution of \$ _____ deducted from my checking account. *(Please include a voided check.)*

My check payable to MOWNCT is enclosed.

Please charge my credit card.



Amount \$ _____

Phone Number: _____

Credit Card Number: _____

Exp. Date: _____ / _____ CVV: _____

Signature: _____