

# TOGETHER, WE CAN DELIVER®

Serving Johnson, Ellis, Navarro,  
Somervell and Hood counties.



**MEALS on WHEELS**  
NORTH CENTRAL TEXAS

## FY2022



Served 256,535 meals to  
1,503 unduplicated clients



Provided pet food to 215 seniors for  
their companion pets



### Annual Client Satisfaction Survey Results:

- 100%** Feel our meals help them eat healthier
- 98%** Feel our program helps them stay in their home
- 94%** Feel our program helps their overall health

## MORE THAN A MEAL

Every senior is assigned a case manager who  
conducts an assessment to identify individual  
needs that go beyond a home delivered meal.

### Additional Services:



Caregiver  
Support



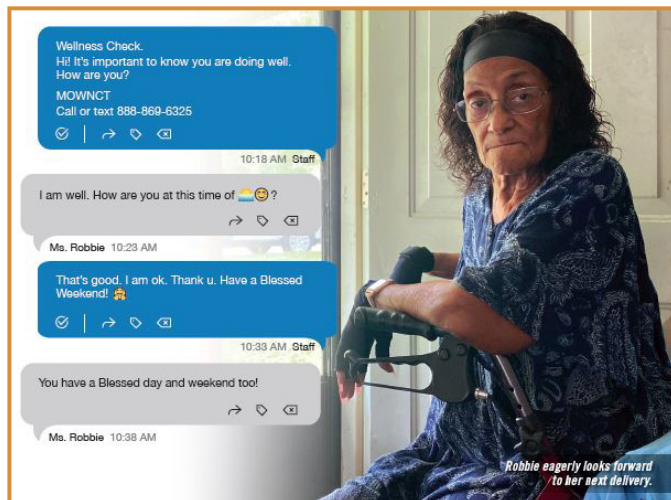
Wellness  
Checks



Nutrition  
Education



Nearly 800  
care packages  
and holiday  
gift bags.



When Meals on Wheels makes  
its rounds for meal deliveries,  
our volunteers also conduct  
wellness checks to make sure  
our clients are doing okay.  
Robbie, 79, gets two additional  
wellness checks each week, right  
on her phone! One of our staffers  
checks in with Robbie regularly  
via text messaging.  
“I spend most days by myself,”  
says Robbie. “So I really enjoy  
talking to them through texts.”

# SERVING THE CHILDREN OF YESTERDAY®



**41%** Female head of household  
**37%** Aged 80 or above



**55%** Live at or below poverty level  
**14%** Had to choose between buying food or buying medication  
**23%** Had to choose between buying food or paying rent or utility bills



**44%** Live alone  
**36%** Widowed



**16%** Veteran  
**14%** Veteran spouse

Our mission:

*Ending hunger and isolation. Delivering dignity and independence.*

**89%** Feel it's important to be able to choose their own meals  
**98%** Find the wellness checks provided by Meals on Wheels beneficial

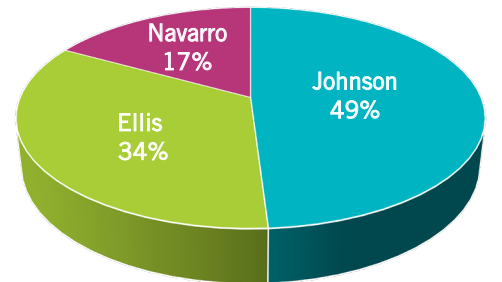


*"This is such a blessing."  
-Candice*



*"It helps out a lot. We don't get out much, so we like talking to the volunteers."  
-Randy*

## MEALS SERVED BY COUNTY



■ Johnson ■ Ellis ■ Navarro ■ Somervell ■ Hood



With the addition of two more counties, our army of staff and volunteers now mobilize across 3,401 square-miles.

In FY22, 509 volunteers delivered 14,648 routes, providing meals to 1,503 senior adults.

Established in 1976, the organization began serving senior adults in Johnson County. In 2001, Meals on Wheels North Central Texas answered its first call for expansion, accepting and serving seniors in Ellis County. Then, in 2020, the organization expanded again to include Navarro County, followed by another expansion into Somervell and Hood counties in 2022.

