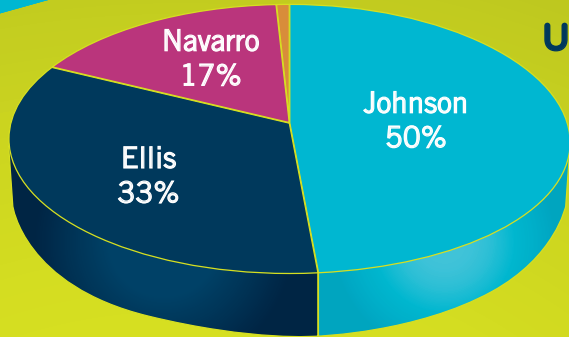


# FY2024 IMPACT REPORT



MEALS ON WHEELS  
NORTH CENTRAL TEXAS



1,762  
UNDUPLICATED  
CLIENTS  
SERVED

This Year, 672 volunteers delivered 17,067 routes, providing meals, wellness checks, and more to our older neighbors.



## ANNUAL CLIENT SATISFACTION SURVEY RESULTS:

 98% reported that Meals on Wheels helps them eat healthier

 95% reported that Meals on Wheels helps them stay in their homes

 95% reported that they feel Meals on Wheels helps their overall health

*For Magdalena, the daily meal deliveries offer a spirit-lifting social connection. "She feels like ya'll are coming to visit her," her daughter explains.*



## TOGETHER, WE CAN DELIVER®

Volunteers are often the only people our senior neighbors see in a day. These visits are imperative in the fight against social isolation.



Meals on Wheels North Central Texas has a line of four medically-tailored meals serving 49 individuals during FY24. These meal plans are designed to best suite the needs of older adults with medical conditions that require highly specialized diets.



## MORE THAN A MEAL

Every senior is assigned a case manager who conducts an assessment to identify individual needs that go beyond a home-delivered meal.

### ADDITIONAL SERVICES:



Caregiver Support



Wellness Checks



Nutrition Education

AND MUCH MORE...

- 53 Incontinence Care Packages
- 900+ Holiday Gift Bags
- 3,500 four packs of Libby's Vegetable Microwave packs
- 850+ We Care Packages *(thanks to the generosity of Bloomerang and the Alton & Faye Talbert Memorial Fund)*
- 900+ Pocket Hugs
- 900+ Moon Pies & Solar Eclipse Glasses
- Chicken Express Day-*Chicken Express donated a meal to every senior we serve in all 3 counties*
- Window Units and Tower fans for Beat the Heat
- AniMeals: 475 clients / 9,291 lbs of pet food
- Pet Transportation to veterinary visits

# SERVING THE CHILDREN OF YESTERDAY®



44% Female head of household

36% Age 80 or above



51% Live at or below poverty level



16% Veteran

18% Veteran Spouse

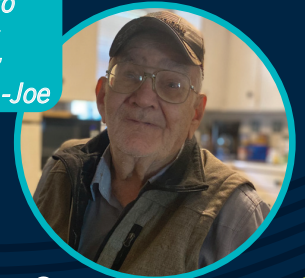


42% Live alone

35% Widowed

"There's another advantage to Meals on Wheels. Somebody comes to see you every day."

-Joe



### OUR MISSION:

Ending hunger and isolation.  
Delivering dignity and independence.®



MEALS WHEELS  
NORTH CENTRAL TEXAS

888.8MY.MEAL

[mownct.org](http://mownct.org)



"Cooking is hard now, and we can't buy much. So having things like Meals on Wheels to supplement really helps!" -Vernal & Maria