

Gluten Free**These are Medically Tailored Meals that require a Doctor's Note*

				Chicken Florentine Rice
Beef Chili with Beans	BBQ Chicken	Breakfast Scramble	Red Beans & Rice w/Sausage	Cacciatore Chicken
Chicken Chili with Beans	Fried Egg Patties	Chimichurri Chicken	Beef Patty	Chicken Florentine Rice
Beef Chili with Beans	BBQ Chicken	Breakfast Scramble	Red Beans & Rice w/Sausage	Cacciatore Chicken
Chicken Chili with Beans	Fried Egg Patties	Chimichurri Chicken	Beef Patty	Chicken Florentine Rice

High Calorie, High Protein**These are Medically Tailored Meals that require a Doctor's Note*

				Cheese Pizza
Cilantro Lime Meatballs	Chicken Noodle Casserole	Breakfast Burrito w/Salsa	Chkn Tenders over Orange Rice	Pepper & Beef Patty w/Gravy
Chicken & Dumplings	Sausage w/Mac & Cheese	Meatballs w/ Rice & Gravy	Creamy Breaded Chicken	Cheese Pizza
Cilantro Lime Meatballs	Chicken Noodle Casserole	Breakfast Burrito w/Salsa	Chkn Tenders over Orange Rice	Pepper & Beef Patty w/Gravy
Chicken & Dumplings	Sausage w/Mac & Cheese	Meatballs w/ Rice & Gravy	Creamy Breaded Chicken	Cheese Pizza

Obesity, Diabetic, Cardiac**These are Medically Tailored Meals that require a Doctor's Note*

				Chicken Florentine Rice
Salisbury Steak	Pizzaiola Pork	Breaded Pollock	Beef Patty w/Horseradish	Chicken Patty w/Rice
Chicken Chili with Beans	Chipotle Meatloaf	Chimichurri Chicken	Pork Patty & Gravy	Chicken Florentine Rice
Salisbury Steak	Pizzaiola Pork	Breaded Pollock	Beef Patty w/Horseradish	Chicken Patty w/Rice
Chicken Chili with Beans	Chipotle Meatloaf	Chimichurri Chicken	Pork Patty & Gravy	Chicken Florentine Rice

Renal**These are Medically Tailored Meals that require a Doctor's Note*

				Breakfast Scramble
BBQ Chicken	Chipotle Meatloaf	Turkey Meatloaf w/Sauce	Sausage Patties	Cheese Omelet & Salsa
Breaded Pollock with Sauce	Fried Egg Patties	Pork Patty w/ Pizzaiola Sauce	Salisbury Steak	Breakfast Scramble
BBQ Chicken	Chipotle Meatloaf	Turkey Meatloaf w/Sauce	Sausage Patties	Cheese Omelet & Salsa
Breaded Pollock with Sauce	Fried Egg Patties	Pork Patty w/ Pizzaiola Sauce	Salisbury Steak	Breakfast Scramble