

# TOGETHER, WE CAN DELIVER®

Ending hunger and isolation. Delivering dignity and independence.



**MEALS on WHEELS**  
NORTH CENTRAL TEXAS

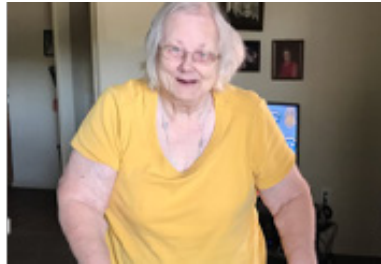
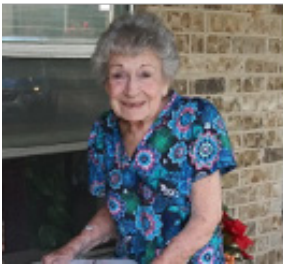
Serving Johnson, Ellis, and Navarro counties

2020

## PROGRAM PROFILE

### IN FY2020:

- Served 221,732 meals to 1,683 unduplicated clients
- County area breakdown of clients served: Johnson 43%, Ellis 38%, and Navarro 19%
- Expanded service area to 2,772 square miles
- Faithfully continued meal service amidst COVID-19 pandemic
- AniMeals provided 14,310 pounds of pet food to companion pets



38% aged 80 or above  
42% female head of household



27% veteran or veteran spouse



43% live alone



47% live at or below poverty level



### Annual Client Satisfaction Survey Results:

- 94% feel our meals help them eat healthier
- 95% feel our programs helps them stay in their home
- 97% feel our program helps their overall health



Mr. Cleve has lived alone since his wife passed away more than 16 years ago. When he lost her, he was devastated, and it all started to take a toll. He didn't eat regularly being on his own. Concerned, his friends and family recommended Meals on Wheels. He was hesitant at first, thinking others had a greater need.

Mr. Cleve has received so much more than food through his time with Meals on Wheels -- he's gained family. "I've met the most wonderful, kind, God-loving people," Mr. Cleve says. "These are the most precious friendships that I don't want to give up!" Especially his special friendship with his volunteer family's son, Luke. "Mr. Cleve is my buddy. I am always excited to see him and he's always excited to see me," Luke says.

# THE ESCALATING PROBLEM OF SENIOR HUNGER AND ISOLATION



UNITED STATES 2020

## OUR NATION'S SENIOR POPULATION IS GROWING EXPONENTIALLY



WITH **12,000** MORE  
turning 60 each day



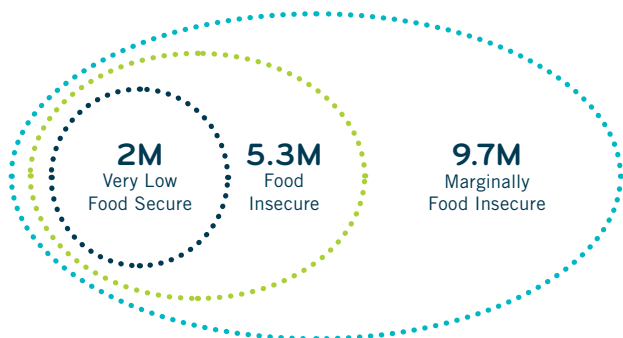
Average life  
expectancy today

This population is set to reach **93M** in the next decade, with **118M** expected by **2060** – increasing the number of seniors today by more than half



## LEAVING MORE AND MORE AMERICANS AT RISK OF HUNGER AND ISOLATION

**BEFORE THE CORONAVIRUS PANDEMIC, NEARLY 9.7 MILLION SENIORS WERE THREATENED BY HUNGER. 5.3M OF WHOM WERE FOOD INSECURE OR VERY LOW FOOD SECURE.**



**1 IN 4 SENIORS**  
LIVES ALONE



**1 IN 4 FEELS LONELY**

Due to COVID-19, we know that an even greater number of older adults are experiencing food insecurity, and many seniors are lonelier than before the pandemic.

## AND WHILE HUNGER AND ISOLATION CAN AFFECT ANYONE WITH LIMITED MOBILITY AND DECLINING HEALTH, FINANCIAL STRAIN MAKES THEM MUCH WORSE



**NEARLY 7.4 MILLION SENIORS HAVE INCOMES BELOW THE POVERTY LINE**



**THAT'S AN INCOME OF \$240 A WEEK OR LESS,** which, after housing, utility and medical expenses, leaves very little for food



**HALF OF SENIORS LIVING ALONE** lack the financial resources to pay for **basic needs**.



Older adults living in poverty are **nearly twice as likely** as those living above poverty level to have limitations in their ability to live independently.