



**MEALS on WHEELS**  
NORTH CENTRAL TEXAS

### **Our Mission:**

Ending hunger and isolation. Delivering dignity and independence.

### **Our Vision:**

Committed to the wellbeing of our communities by Serving the Children of Yesterday®

### **Our Values:**

Compassion – We care deeply for the seniors, in our communities, struggling with depression, isolation, and hunger

Integrity – We are transparent with our finances and communication

Community Serving Community – We are collaborative, team players committed to engaging local volunteers and donors to serve their local seniors

Planning today for tomorrows seniors – We continue to be innovative and focused on extending our reach as we diligently serve those currently in our care

Generational Giveback – We are advocates for the elderly in our communities and to care for those who once cared for us, is one of the highest honors

### **Our Impact:**

We mobilize across 3,401 square miles, each week day, to ensure our seniors are well-fed, safe, and reminded of their value to their community. With almost half of our clients living alone, we are a formidable advocate for a vulnerable population facing food insecurity, unattended injury, and loneliness.